

Supporting Families During the Pandemic: Four Therapists Share Their Wisdom

A viewer's guide to this video: [Supporting Families During the Pandemic: Four Therapists Share Their Wisdom](#)

Key Points	How might you apply it to your home visits?
Part 1: Strategies for using video conferencing to deliver home visits	
Ask how routines have changed during the pandemic	
Embed intervention in everyday routines and activities	
Adopt a new comfort zone using video conferencing	
Use a coaching approach	
Problem-solve with the caregivers	
Put the ball in the family's court	
Expand our breadth of support during the pandemic	
Follow the family's lead	
Prepare for your visits	
Talk with parents about their expectations	
Make it playful	
Include the whole family	
Be flexible with scheduling	
Part 2: Thoughts about technology	
Text videos and photos between visits	
Use a laptop or desktop computer if you can	
Make do with what you have	
Practice with a co-worker	
Part 3: Final advice about delivering home visits through video conferencing	
Just jump in and try it	
Expect it won't be perfect	
Families appreciate the connection	
Just do it!	
It's not that different than what you've been doing	
Be flexible	
Offer a sense of normalcy in such an unusual time	

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