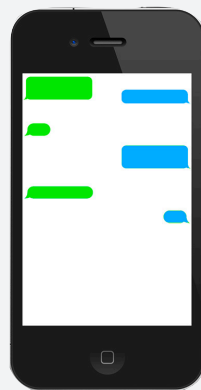
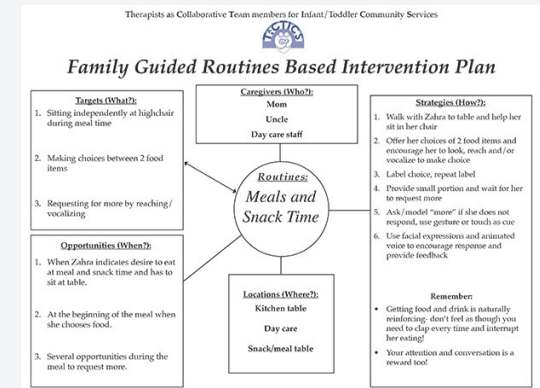


# Strategies You Can Use to Help the Caregiver Reflect and Remember

There are many different ways to review with the family. The best one is whatever works for them! When the time comes to review your visit, talk to your family about what would help them remember to embed throughout the day. Some families like visual aids (like post-its or a white board), while others prefer to use different types of technology (such as texting or video). You can also try printing handouts that you or your agency have developed as a way to review the session and develop an action plan with the family. The possibilities are endless and may change over time as the priorities shift. Just follow the family's lead.



## Strategy Matrix

